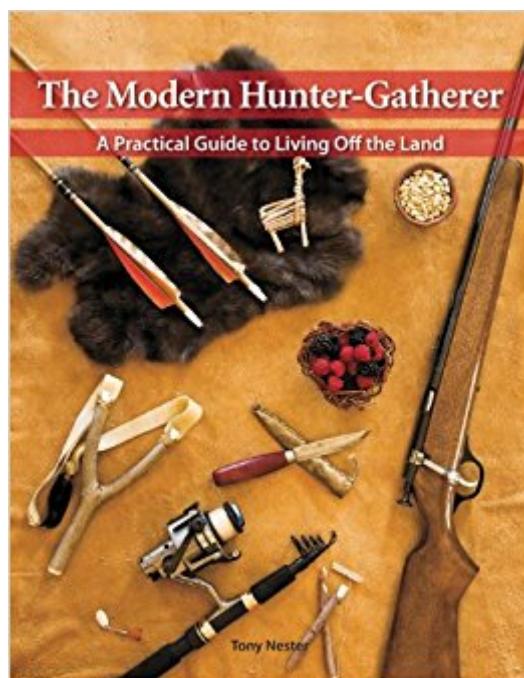


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# The Modern Hunter-Gatherer: A Practical Guide To Living Off The Land



## **Synopsis**

Have you ever wondered how to walk into the wilderness and harvest your own food? Are you interested in integrating healthy, wild edibles into your diet while reducing food costs? Do you want to learn the time-tested methods for living off the land in case you become stranded in the wilds or face an emergency where the grocery shelves are empty? In his fourth book, survival instructor Tony Nester delves into practical methods that he has applied on extended survival courses over the past twenty years showing the best techniques for beginning and advanced students of wilderness living. This innovative book illustrates, with detailed photos, the essential methods for harvesting, preserving, and cooking small game, fish, edible plants, and how to reduce your dependence on the system. Recapture the excitement of wandering on the land unencumbered while depending on nature's resources and the skill in your hands. You will learn how to realistically obtain wild foods from the land; Select a survival firearm for hunting and why small game is the answer to feeding yourself in the wilds; Put together a low-tech but quality fishing kit for catching easy-to-obtain pan fish; Carve, set, and utilize traps and snares that actually work in a survival situation and can keep your family fed in a long-term emergency; Make delicious jerky and preserve meat the old-fashioned way; Harvest and prepare edible plants found in your own neighborhood.

## **Book Information**

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## **Customer Reviews**

Tony Nester is the director of the Ancient Pathways Survival School in Flagstaff, Arizona. His company is the primary provider of desert survival training for the Military Special Operations community and he has worked with the National Transportation & Safety Board (NTSB), FAA, and

served as a technical consultant for the movie Into The Wild. Tony is the author of nine books on survival and three DVDs. He has been featured on NBC News, the Discovery Channel, the New York Times, and is a contributing writer for Outside Magazine.

This should be the first book purchased by those who fantasize about the hunter/gatherer lifestyle. I really appreciate the reality of living off the land as the author presents it. He doesn't sugar coat things. He points out the difficulties involved and how to overcome them but neither does he portray it as an impossible dream. He lets you know what to expect and how to triumph over the obstacles you're most likely to encounter. It is not an encyclopedic work on living off the land. It's a starting point that will show you the basics. More importantly, it will guide you on where to go next in acquiring the tools, skills, and mindset for true wilderness living. Would I recommend it to others? Absolutely!

I guess I should have read more of the reviews before I purchased this "booklet"... I expected more for my \$17.00 than 64 page publication. I am disappointed.

An easy to read book, well written and comprehensive. Found this book to contain the info to become a very proficient Hunter-Gatherer. Has great pics throughout that accompany the different methods discussed. Tony has done a great job writing this book. I highly recommend it to anyone who is learning Bushcraft skills or spends time in the wilderness.

not too impressed with Mr Nester....as a whole the book was readable and had some good bushcraft/survival skills. Needed more illustrations and pictures.

This was a fun book to read. It was short and to the point, and was really an "outline" of what types of skills a person needs to seek out learning in order to go on short hunter-gathering trips, not really a "guide". It gives some specific information on equipment that the author likes to use, and good info on building and setting a couple of simple and good traps. Most of the information, however, consists of very general overviews of topics without going into specific detail about how to do things. Still interesting, though, and useful as an outline of the skill-set of a hunter-gatherer. Unfortunately, the lists of resources in the back is surprisingly thin given that the author makes a living studying and teaching survival skills. No mention of most of the well-known schools in the country (besides the author's), no mention of the best books on the subject and no good foraging guidebooks listed.

For the length and depth of the book (short and not in-depth) it is a bit pricey, it is really similar to a magazine w/ a series of overview articles. Still fun to read, though, for anyone who doesn't know much on the subject and is looking for general information to point them towards what sorts of things they need to study and practice.

I bought this on recommendation of a friend. After reading it, I was highly disappointed in detail it provided.

This is a very well thought out and informative book for preppers, and for folk who want to learn primitive skills with a modern twist. Recommended.

Mr. Nester always provides much needed information that is useful no matter what your current skill level is.

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